

## PORTRAITS OF OUR TRAINERS

**JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented "do no harm" at a human rights organisation.

**DANIEL Ó CLUNAIGH** is a trainer and project leader at Tactical Technology Collective. He has worked in research, advocacy and accompaniment for human rights defenders with Front Line Defenders and Peace Brigades International.

**ANJA PETZ** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. Her expertise includes theatre as tool for conflict transformation as well as project and security management.

**PETER STEUDTNER** is a trainer in nonviolent conflict transformation and a photographer / filmmaker. His training focus lies on integrated security for peace, human and environmental rights activists and on the do no harm-approach.

**RUTH MISCHNICK** studied law and psychology before she worked in crisis and conflict areas. Her focus is on nonviolent conflict transformation and trauma work. She teaches mediation at a university in Vienna.

**JULIA KRAMER** is a trainer and advisor for projects, organisations and initiatives in the field of nonviolent conflict transformation at KURVE Wustrow. Key areas of her work include project management, security management, campaigning and human rights work.

**BJÖRN KUNTER** is a trainer, activist, researcher and advisor in and for nonviolent movements in Germany and Eastern Europe. He specialized in networking and strategic nonviolence for human rights defence.

**THIMNA BUNTE** is a civil peace worker for KURVE Wustrow in Palestine. She accompanies, advises and trains actors and initiatives of nonviolent resistance and conflict transformation in strategy building, digital security and human rights.



## GENERAL INFORMATION

The trainings take place at the training centre of KURVE Wustrow in the Wendland region, in the North of Germany close to Hamburg and Hannover.

Each of the trainings lasts five days, from Monday 12:30 h until Friday 13:00 h. The trainings are held in English and are open to international participants.

### Participation fee:

1.500,- Euro for organisations  
1.000,- Euro for single persons  
750,- Euro reduced fee for individuals (on enquiry)

The fee includes training material, vegetarian food and lodging in dormitory style. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

Applications should reach us as soon as possible, for participants in need of a visa the latest by 8 November 2015, for those without visa requirement the latest by 6 January 2015.

Please use the application form on our website:

[www.kurvevustrow.org](http://www.kurvevustrow.org)

or contact our training unit: [pt@kurvevustrow.org](mailto:pt@kurvevustrow.org)

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**KURVE Wustrow**  
Centre for Training and Networking in Nonviolent Action



**PRACTITIONER TRAININGS**

**FOR NONVIOLENT CONFLICT  
TRANSFORMATION**

February–March 2016  
6 weeks – 6 different issues

## INTRODUCTION TO SECURITY

Activists and peace workers are facing many dangers through their engagement. This training combines physical, psycho-social and digital elements of security into an integrated approach to improve participants' ability to think critically and act upon the security of themselves, their communities, and families.

A special focus will be given to high risk activities like demonstrations, nonviolent actions, monitoring and documentation, but also to secure one's ways of communication.

Participants will learn to assess their own security situation and to increase their analytical, physical, psycho-social and digital capacities to deal with the threats and dangers they face.

**Trainers:** Daniel Ó Clunaigh, Peter Steudtner

**Date:** 08–12 February 2016

## COUNSELLING IN TRAUMA AND STRESS FOR PEACE WORK IN CONFLICT ZONES

Understanding the emotional effects of conflicts and disasters on victims and responding to victims' needs are crucial capacities for peace workers and staff of NGOs working in conflict areas and disaster situations.

In this training course, participants will get familiar with the emotional responses to traumatic events, effects of traumatic events on specific vulnerable groups and the social impacts of trauma. Furthermore, the role of the counselling person and the work with victims will be explored and special attention is given to the needs of the caregiver.

This training course addresses NGO, staff and peace workers who experience or need to assist traumatic and stressful situations within their work.

**Trainer:** Ruth Mischnick

**Date:** 15–19 February 2016

## FACILITATION AND TRAINING SKILLS

Facilitation skills are essential for everyone who wants to work with people and support communication processes. Training is a very sophisticated form of communication and is aimed at facilitating learning. In this training key skills of a facilitator and trainer are presented and practised—including a video analysis followed by well-structured self-reflection and feedback from trainers and other participants.

Participants will gain an overview of communication and learning theories, principles of adult learning and a selection of training concepts like Action Learning and Comfort Zones. Moreover, the design of this training will be critically reflected in order to assist participants in designing and conducting trainings themselves.

**Trainers:** Jochen Neumann, N.N.

**Date:** 22–26 February 2016

## SOCIAL CHANGE, GENDER EQUALITY AND FEMINIST TOOLS FOR CHANGE

Mainstreaming gender sensitivity consists of a number of steps that any NGO can implement. This training will explore the connection between developing gender awareness within organisations and working towards social change.

What is gender awareness? How is it relevant to us as activists and NGOs?

We will also focus on applying various gender-sensitive mechanisms and approaches relevant for organisations. Participants will become familiar with gender-sensitive tools for discussions and decision-making, analysis of power relations in organisations and movements for social change. Participants will have a chance to share their respective experiences and learn from each other.

**Trainers:** N. N., N.N.

**Date:** 29 Febr–4 March 2016



## STRATEGISING CHANGE FOR SOCIAL MOVEMENTS

From Gandhi to the "Arab Spring", from the anti-nuclear movement to the struggle against ...

The training will offer a "guided tour" through cycles and dynamics of nonviolent movements, using a variety of practice-oriented analytical, strategic and tactical tools, with loads of application exercises to be used by the participants on their own case studies.

Coaching elements will be used to tailor the training to the needs and interests of the participants, so that they will leave with a practical toolkit for further action. Special emphasis will be given to not just develop grand plans, but to deal with chaos and risks, opportunities and repression, in order to turn inevitable failures and shortcomings into long lasting success.

**Trainers:** Thimna Bunte, Julia Kramer, Björn Kunter

**Date:** 7–11 March 2016

## PROJECT MANAGEMENT FOR PEACE WORK – PLANNING, MONITORING AND EVALUATION

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training key questions about the impact of peace work will be discussed and respective tools offered to find valid answers to them. These instruments range from the logical framework approach and outcome mapping to „Do no harm“. Participants will gain an overview of the wide range of tools and will be able to make an informed choice about their respective strengths and weaknesses. Moreover, participants will have the opportunity to apply selected tools to their own projects and/or case studies in order to be better equipped to manage their peace projects.

**Trainers:** Jochen Neumann, Anja Petz

**Date:** 14–18 March 2016